

WORKING FOR POLICY IMPACT

TSUNAMI AS A WINDOW OF OPPORTUNITY

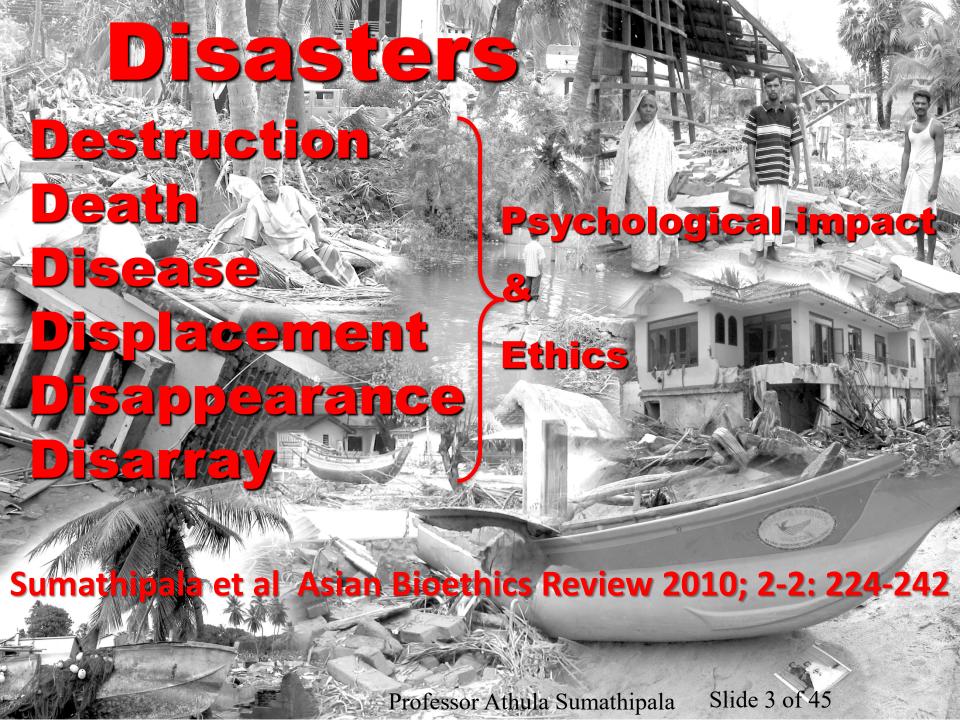
FIRST WAVE OF REAL TSUNAMI

SECOND WAVE OF MAN MADE TSUNAMI



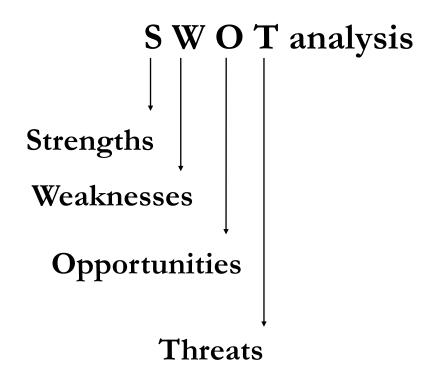
DIFFERENCE FOR THE NATION

Professor Athula Sumathipala Slide 2 of 45





SITUATIONAL ANALYSIS



D.T.F.

FIELD VISITS 28TH TO 31ST DEC

















Professor Athula Sumathipala

Slide 5 of 45

Learning from people – resilience

Keele University People were coping, we only had to support them

30th December in the South











When 'relief' comes from a different culture Keele



FACTS NOT FICTION



Sri Lanka becoming a dumping yard under the disguise of humanitarian assistance



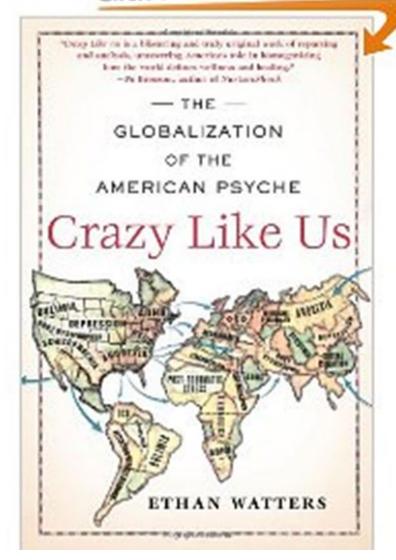




By courtesy of Professor R.L Jayakody, Department of Pharmacology, University of Colombo



Click to LOOK INSIDE!







PROPOSAL TO THE CNO

Based on our proactive proposal, we were invited to lead the psychosocial desk at the **Centre for National Operations** (CNO).

OUR STARTEGIC APPROACH





TSUNAMI AS A WINDOW OF OPPORTUNITY FOR POLICY IMPACT AND SUSTAINABLE CAPACITY BUILDING

- for culturally sensitive locally appropriate strategies to deal with the situation
- a multi disciplinary, primary care public health approach



A few selected areas of work to show how we converted philosophy in to action....



WORK RELATED TO MEDIA



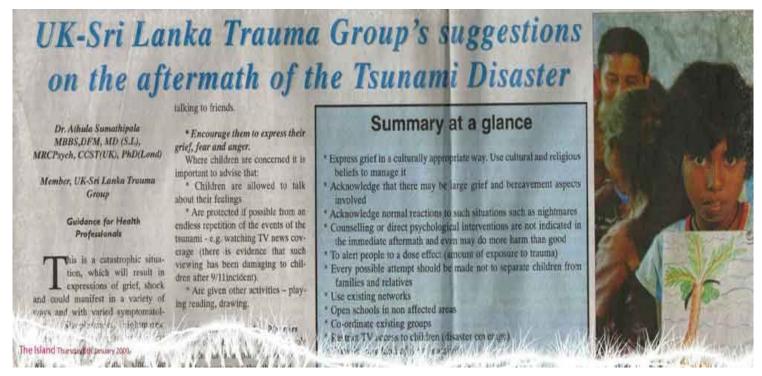
Professor Athula Sumathipala Slide 13 of 45

Positive use of electronic and printed media



For wider dissemination of information

The Island, 6th January



Hundreds of media briefings, TV and radio discussions, debates, newspapers articles





stated EDFs, will go a long way to restandalish the neutronal harmony.

To support what I say, I would the
to reproduce some of the text published us a newslesser titled 'insighte
health' published by tell with one
titled 'Procritical rises (2006 Feb) were
to be as entirest. Professor Derrick Show Director of
the Psychiatry Research and Teaching
Unit. University of New South Wales.

"There is entertially enter industry
These is entertially enter induses
and in East Turce to suggest that
PTSD-type symplesses may recover of
their own accord if the political and

care systems a keeping with developing an enary menta incremental to in-service me

bem in

social situation is stabilised. Mass

psychological interventions (debrief-

ing) are not necessary nor are such

broad-based strategies affordable and

feasible in many countries affected

by conflict. The best 'therapy' is

sound social policy aimed at build-

ing peace, supporting the reunion of

families and communities, promot-

ing justice, providing opportunities for work, and re-establishing institu-

LEADER

DAILY NEWS SATURDAY PERRUARY 05 2

The counsellor's role in times of crisis and tragedy

by Anne Abayasekera

front-page report in two national dulies on January the Task Force for Rescue and Relief (TAFRER) and expects of the field of mental health and trauma ourneelling briefed the President about the need of a special campaign to sivors of the December 18th disenter". The para-graph was headed "Wass ed professional trauma oursellers - CBX."

Previously, the Dath News of January 5 corried report of a "well attend



gions and psycho-thera ers spread themselvily In this alteration, the

triate (do we have more

than 30 in the whol bland) and pycholo

services of trained coops sellors who are also praregionals in their our

There may be differed degrees of traums, but

It is understandable that psychiatrists should anxious that only trained professionals like themselves should deal with traumatised people. We certainly need all the trauma counsellors there are.

The counsellor's role: A reply

by Dr. Athula Sumathipala MBBS, DFM, MD (S.L), MRCPsych, CCST (UK), PhD (Lond)

he article titled "The counsellor's role in times of crisis and tragedy", by Anne Abeysekera in

There are two main points raised in this article:

- 1. About the place of counselling in the immediate aftermath of a disaster
- 2. Children should not be allowed to talk about their feelings
- I do admit I said that counselling is not indicated within the first 6 weeks, the Dail Gos, February 05-2005 has la but the missing part is that I also said

not necessarily verbalise their feelings like adults and therefore other avenues may have to be provided for them to express their thoughts and feelings.

Based on this understanding, within the first week I was in the south I distributed drawing materials. In fact on January 5 The Island carried on the front page a photograph titled "the tragedy dren back to school as soon as possible, but not as second-class citizens but with new uniforms and books. We knew that catering to the social needs of children to normalise their lives was the most crucial thing, and psychosocial interventions would bring about psychological benefits. This was what was needed for most of the children affected by the dis**Daily** News

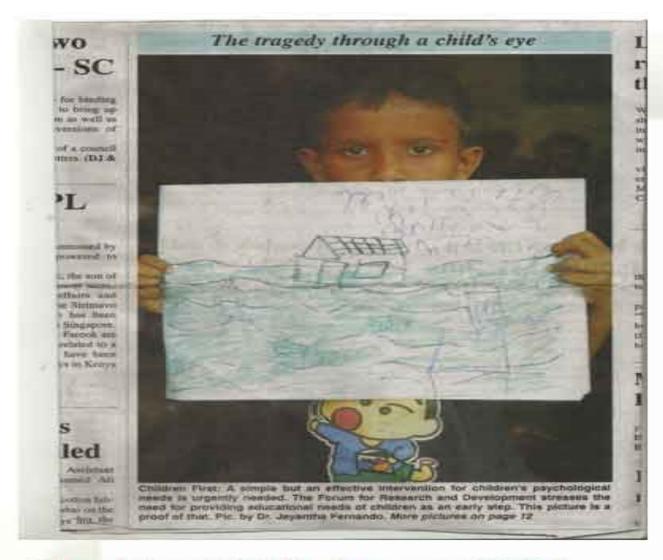
23.03. 2005



WORK RELATED TO CHILDREN AND EDUCATION SECTOR

ty

CAMPAIGN: CHILDREN FIRST



The Island 05th January 2005

Professor Athula Sumathipala Slide 18 of 45













Helping children to express their emotions





Professor Athula Sumathipala Slide 20 of 45

A FULL PAGE IN A LEADING NATIONAL NEWS PAPER







Professor Athula Sumathipala Slide 21 of 45

Pay special attention to children when rebuilding country: Kadirgamar

by Nadira Gunatilleke

Special attention should be paid to children when rebuilding the country, said Foreign Minister Lakshman Kadirgamar.

Their talents should be identified to make them talented and determined. It is very pleasant to see the talents of tsunami-affected children through this exhibition and concert organised within two months," he said addressing the awards presentation of 'Sea shells that emerged from Tsunami', an art exhibition and a concert of tsunami victim children organised by the Cultural Affairs and National Heritage Ministry at the BMICH on March 3.

Kadirgamar said because of the tsunami disaster, Sri Lanka was able to strengthen friendship with foreign countries and initiate new friendships with some countries.

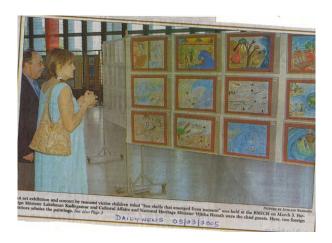
The Minister said Sri Lanka had received a large amount of foreign aid in cash and kind.

'All have to unite and rebuild



the country without petty differ- Foreign Minister Lakshman Kadīragamar presents an award to a tsunami ences like we assisted our own victim child while Cultural Affairs and National Heritage Minister Vijitha

Daily news March 2005



Daily News 05.03.2005

Sea shells that emerged from tsunami - art exhibition





ultural Affairs and National Heritage Minister Vijitha Herath addresses the press briefing held at the Government Information Department yesterday (28 th) while Director, Cultural Affairs, Sisira Priyadarshana, Ministry Additional Secretary Ms. Hema layaweera and Ministry Senior Assistant Secretary S. R. S. senanayake look on.



Daily news 01.03.2005



Daily News 22.02.2005

EDUCATION DEPT PROGRAMME



Back to school with dignity Early reopening of schools





Resuming education activities even within the camps





WORK RELATED TO DEAD BODIES AND FORENSIC WORK

Management of Dead Bodies in Disaster Situations

Identifying dead bodies and human right
Unidentified corpses

Diparter Microsoft and Geideliner Series, 39-5



Mass burial Dignified burial







Identification of the dead and missing, a basic human right

International Review of Psychiatry, Month?? 2006; 18(3): 1-9



Identification and management of dead bodies as a component of psychosocial interventions after the tsunami: A view from Sri Lanka

A. SUMATHIPALA^{1,4}, S. SIRIBADDANA^{2,4}, & C. PERERA^{3,4}

¹Section of Epidemiology, Institute of Psychiatry, King's College London, UK, ²Sri Jayewardenepura General Hospital, Thalapathpitiya, Sri Lanka, ³Faculty of Medicine, Department of Forensic Medicine, University of Ruhuna, Galle, Sri Lanka, and ⁴Forum for Research and Development, Mulleriyawa, New Town, Sri Lanka

SYMPOSIUM ON "FORENSIC GENETIC SERVICES:

from Pre-Tsunami Luxury to Post-Tsunami Necessity"
Saturday, 26th February, 2005, From 10.30am - 12.00noon

Sri Lanka Medical Association Auditorium No. 6, Wijerama Mawatha, Colombo 07

Chemmani case

Quotation called from foreign labs to conduct DNA tests.... 28th June 2000. The Island

Bodies exhumed for

DNA tests
The bodies of three
foreigners,killed in the
tsunami disaster and
buried in Yakdehimulla,
Unawatuna, were exhumed
by officers from Interpol....
The Island, January 2005

"Baby 81" paternity testing at private lab

Chaired by:

Dr. Jean Perera,

President elect, College of Forensic Pathologists of Sri Lanka

Palitha Fernando Deputy Solicitor General, Attorney General's Department

Keynote Speaker:

Samantha Warnakulasuriya; BSc, MSc, MBA Senior Forensic Scientist, The Forensic Science Service, UK

> For further details please contact; Forum for Research & Development Tele / Fax 011 2419782 Email projects@sysnet.lk

> > Allare Welcome!

Organised by

College of Forensic Pathologist of Sri Lanka, Sri Lanka Medical Association

&

Forum for Research & Development

Target groups

- Lawyers
- Police officers
- Forensic scientists
- Judicial medical
 officers
- Media personnel
- · Informed lay public
- Disaster
 management
 personnel

FEATURES ***



Samantha Warnakulasuriya, Senior Forensic Scientist from the UK was in Sri L

On a DNA trail....

By Kumudini Hettinrachchi

A woman is taped and murdered in Newcastle, northeast England and the police come up with no suspect. The search is on and there is a "hit" - a vagrant is arrested three counties away, tried, consisted and lailed Justice has been meted our

Soon after the crime is committed, if person in protective clothing, with mask, mor cap, gloves and overshoes is at the scene, meticulously picking up special clues, which prove to be the vital evidence that leads the police to the murderer.

Part of a team of foremsic scientista who are into the latest cutting-edge technology of DNA profiling or typing, for Sri Lankan born

Samuntha Warnakulasariya it is routine work.

The conviction of the rapise-murderer shows the power of DNA profiling." sava 37-year-old Ms. Warmakulasuriya, Senior Forentic Scientist working for the Forentie Science Service (FSS) in the United Kinndom.

Just hast week she was inher motherland to explore the possibility of helping the government to set up a national laboratory for this revolutionary technology in the aftermoth of the transmi. (See box)

"DNA profiling has a high level of accuracy. Ten ureus plus a gender test are checked out in a DNA profile and it is a powerful tool in the identification of bodies, in criminal work and



Samantha Warnakulusuriya

also successining paternity," she emphasizes "A billion to one is the chance of two unrelated persons having the same DNA profile."

The FSS, for which Ma. Warnakulasuriya wurks, is an executive agency of the British Home Office "It is the market lender in the

provision o ices and best," she s ing that t closely. W forces in Wales and I countries.

After the the FSS hel to identify: people who conflict. rectnologo time to moving. ized confi and techni In Kuwait five years. tablished, be expun fields," say fastariya.

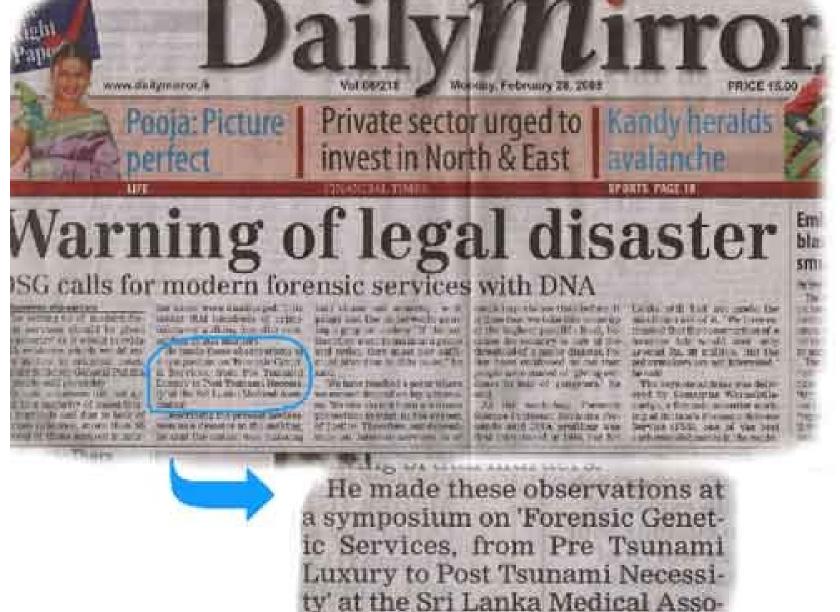
Touchin cated livi place its t that the FS across the don. Birn stow. We

GENETIC LABORATORY IN SRI LANKA?

A genetic laboratory fras been a long felt need for Sn. grative project among the Sri Lanka Twin Registry, King's

pain adding. "If we had the capability, it would have helnakutasurya came in with her expertise on February 14





ciation

Professor Athula Sumathipala Sla

Slide 28 of 45

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Your No:)

தக்கி)
Date) 30th March.,2005



கோதிர ආරක්ෂණ, පෝෂණ සහ ඌව වෙල්ලස්ස සංවර්ධන අමාත සාංගය சுகாதார பராமரிப்பு போஷணை ஊவா வெல்லஸ்ச அபிவிருத்தி அமைச்சு Ministry of Healthcare, Nutrition and Uva Wellassa Development

Dr. Mathew Hottoff, Reader, Dept. of Psychological Medicine, Institute of Psychiatry, Kings College, LONDON.

Dear Dr. Mathew,

ESTABLISHMENT OF A GENETICS LA

This refers to the request made by the subject. The Ministry of Health wishes t the above facility within the Ministry of H

Your kind gesture to support this cause in Health in Sri Lanka.

With kindest regards, I remain.

Yours truly,

Dr. H.A.P. Kahandaliyanage
Director General of Health Services

ESTABLISHMENT OF A GENETICS LABORATORY IN SRI LANKA

This refers to the request made by the "Sri Lanka Twin Registry" regarding the above subject. The Ministry of Health wishes to express its concurrence for the establishment of the above facility within the Ministry of Health in Sri Lanka, under the Epidemiologist.

Your kind gesture to support this cause is very much appreciated by the Hon. Minister of Health in Sri Lanka.

With kindest regards, I remain.

Yours truly,

Dr. H.A.P. Kahandaliyanage

Cc: 1. Hon. Minister of Healthcare, Nutri Director General of Health Services

2. Secretary /Healthcare, Nutrition & Uva wellassa Development-

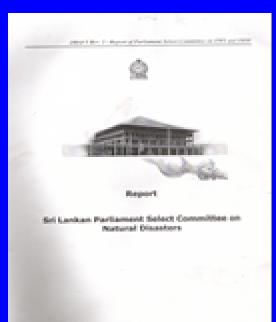
3. Dr. A. Sumathipala, Director / Sri Lanka Twin Registry

4. DDG(ET&R)

) for informati

Submission to the Select Committee of Parliament to Recommend Steps to Minimize the Damages from

Natural Disasters









Date: 2005-05-31 Colombo, 31 May, (http://www.Asian tribune.com):

In a written submission to Minimize the Damages from Natural Disasters the Forum for Research & Development has revealed to the Select Committee of Parliament some glaring gaps and inadequacies.



DISASTERS AND ETHICS

Lets prevent retraumatising the traumatised WORKSHOP ON "ETHICS OF TRAUMA RESEARCH"

28th JANUARY, 2005 From 09.30am - 11.30am

SRI LANKA MEDICAL ASSOCIATION AUDITORIUM

No. 6, Wijerama Mawatha, Colombo 7

Chaired by : Dr. Preethi Wijegoonewardene President, College of General Practitioners of Sri Lanka

Organised by

Forum for Research & Development

Sri Lanka Medical Association

College of General Practitioners of Sri Lanka

& UK Sri Lanka Trauma Group (UK charity 104746)

Registration Free

To register please contact:

Forum for Research & Development Tele / Fax 011 2419782 Email projects@sysnet.lk

Sri Lanka Medical Association

Tel; 011 2693324 Email; slma@eureka.lk

College of General Practitioners of Sri Lanka

Tel; 011 2698894 E-mail; cgpsl@sltnet.lk

Please ensure that you register in advance, as places are limited.

Resource Persons

Prof. Susirith Mendis; MBBS, PhD

Dean & Professor of Physiology Faculty of Medicine, University of Ruhuna

Head, Centre for the Development of Ethics in Medicine (CEDEM), Faculty of Medicine, University of Ruhuna, Sri Lanka

Prof. William Yule: PhD

Professor of Applied Child Psychology, Co- Chair SL&M/IoP Research Ethics Committee University of London

Member, UK-Sri Lanka Trauma Group

Dr. Athula Sumathipala;мввs;ргм;

MD;(S.L), MRCPsych, CCST(UK), PhD(Lond)

Director-Bioethics Initiative, Forum for Research & Development

Target groups

Lawyers,

Researchers & Academics,

Medical Officers of Health in all

Provinces,

Psychiatrists &Trainees,

Medical officers of Mental Health.

Paediatricians,

Medical Officers of Maternal and

Childcare,

Community Physicians,

General Practitioners,

Ethics Committee Members,

Media Personnel

Representatives of NGO's,INGO's

multilateral and bilateral aid agencies

involved in Tsunami Relief Work,

Policy Planners

"Parachute Research"



Tsunami was a fertile ground for exploitation for easy and cheap research

Japanese group collecting blood for a proteomic study on biological markers of stress without any ethical approval in Sri Lanka.

A CASE STUDY

Discussed at the

International Ethics Training Workshop

organized by the

Indian Council for Medical Research (ICMR)

held in Chennai, India from 10th to 15th of February 2006

Regional and international campaign on disaster related research ethics

Research and clinical ethics after the tsunami: Sri Lanka

In late 2004, the *Journal of Traumatic Stress* published a special section about the ethics of disaster research, addressing ethical issues related to conducting research after disasters and terrorist attacks, and based on a

officials, ethicists, representatives of institutional review boards, as well as family members and emergency personnel from the Oklahoma City and World Trade Center attacks. The attendees agreed that research after a

www.thelancet.com Vol 366 October 22, 2005

London Nov 2005 Royal College of Psychiatrist Trans-cultural psychiatry group

Mumbai Nov 2005 - Indian conference organised by the Indian Journal of Medical Ethics

Chennai Feb 2006 - International workshop in ethics organised by the Indian Council of Medical Research Council

Karachi Feb 2006 - Global Forum in Bioethics



Working Group on Disaster Research and Ethics

(WGDRĚ) 2007

Organized by







A multi-disciplinary groups with expertise in ethics













Funded by the Wellcome Trust



Disaster Research & Ethics

Speakers

Dr. Aasim Ahmad

Chairman Bioethics Group, Hon. Senior Lecturer Aga Khan University & Professor & Chief Nephrologist The Kidney Centre, Karachi, Pakistan

Dr. Prasanna Cooray

Regional Programme Manager Public Health & Country Manager Panos South Asia

Prof. Leonardo de Castro

Director Bioethics Initiative and Professor of Philosophy University of the Philippines

Dr. Aamir Jafarey

Centre of Blomedical Ethics and Culture SIUT, Karachi, Pakistan

Dr Nandini K. Kumar

Deputy Director General Indian Council for Medical Research

Dr. Darryl Macer

Regional Adviser in Social and Human Sciences for Asia and the Pacific, UNESCO, Thailand

MS. Sandhya Srinivasan

Executive Editor Indian Journal of Medical Ethics

Dr. Athula Sumathipala

Director FRD & Research Associate Institute of Psyhciatry, King's College, London

Prof. Sleman Sutaryo

Nur Azid Mahardinata, Center for Bioethics and Medical Humanities Faculty of Medicine Gadjah Mada University, Indonesia Chief Guest Hon. Mahinda Samarasinghe Minister of Disaster Management & Human Rights

Inauguration of Consensus Generation Meeting
&
The Basic & Advanced Courses in Bioethics

Guests of Honour Prof. Camini Samaranayake Chairman, University Grants Commission Prof. Narada Warnasuriya Vice Chancellor, Sri Jayewardenepura University Prof. Sirimali Fernando Chairperson. National Science Foundation Mr. J. Arunasiri Director, Sri Lanka Foundation Institute

Preliminary Announcement

13th January 2007 Sri Lanka Foundation Institute

100, Independence Avenue, Colombo 7

From 8.30 am to 12.00 noon Inauguration is open to those who are interested Inquiries projects@sysnet.lk

Telephone: +94 11 2419782, +94 11 2884431

Web:www.ird.lk

Organised by



Forum for Research & Development



In collaboration with



















United Nations Educational Scientific and Cultural Organization

Funded by The Wellcome Trust



Basic & Advanced Courses in Bioethics for registered participants (Please see the separate poster)

Working Group on Disaster Research and Ethics (WGDRE) 2007 Keele



Darryl Mercer – UNESCO – Leonardo de Castro, Bangkok University of Philippines,

Aamir Jafarey – Centre for Biomedical Ethics and Culture, Sindhu Institute of Urology, Karachi, Pakistan



Aasim Ahmed - Chair Aga Khan University, Karachi Pakistan



Person Bioethics group,

Sarah Edirisingha, Director Health **Emergency Disaster Management** Training Center, University of Peradeniya, Sri Lanka

Professor Athula Sumathipala

Council of Medical Research

Director General, Indian

Slide 37 of 45



Sisira Siribaddana- Institute of Research and Development, Sri Lanka



Selman Sutaryo Indonesian Network of Bioethics



Chandrani Jayasekera National Institute of Health, Sri Lanka



Sandya Srinivasan- Indian Journal of Bioethics



Dananjaya Waidyaratne, Judicial Medical Officer, Sri Lanka



Sriyakanthi Beneragama, Epidemiologist, Sri Lanka

Drafting and consensus generation meeting

Ethical issues in disaster related research - A developing world perspective





Keele

University



15th and 16th January 2007

Professor Athula Sumathipala Slide 39 of 45

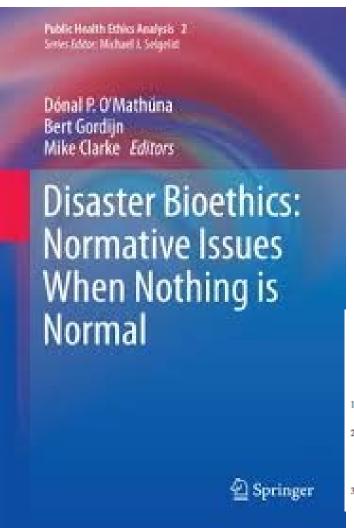


Ethical Issues in Post-Disaster Clinical
Interventions and Research:
A Developing World Perspective.
Key Findings from a Drafting and
Consensus Generation Meeting of the
Working Group on Disaster Research and
Ethics (WGDRE) 2007

ATHULA SUMATHIPALA, AAMIR JAFAREY,
LEONARDO D. DE CASTRO, AASIM AHMAD,
DARRYL MARCER, SANDYA SRINIVASAN,
NANDINI KUMAR, SISIRA SIRIBADDANA,
SLEMAN SUTARYO, ANANT BHAN, DANANJAYA
WAIDYARATNE, SRIYAKANTHI BENERAGAMA,
CHANDRANI JAYASEKERA, SARATH EDIRISINGHA,
AND CHESMAL SIRIWARDHANA

124-142 Asian Bioethics Review June 2010 Volume 2, Issue 2

Disaster bioethics symposium, Brochure Foundation. Geneva (2011).





Keele

Chapter 5

- When Relief Comes from a Different Culture:
- 2 Sri Lanka's Experience of the Asian Tsunami
- 3 Athula Sumathipala

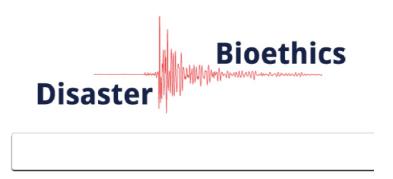




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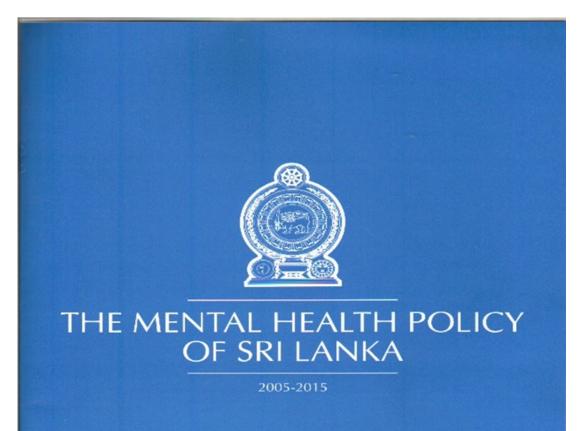
Disaster Bioethics: addressing ethical issues triggered by disasters

Descriptions are provided by the Actions directly via e-COST.



International Symposium on Disaster Ethics

Professor Athula Sumathipala Slide 42 of 45





Acknowledgements



Shekhar Saxena
Director: Department of Mental
Health and Substance Abuse WHO



Mark van Ommeren Public Mental Health Adviser Jon O'Mahony

Mental Health Directorate

Ministry of Healthcare, Nutrition & Uva Wellassa Development

" Suwasiripaya "

Colombo 10.

 World Bank has allocated US\$ 2 million to the government to reduce suicide.

Observation

Sri Lanka collectively achieved some strategically important steps such as developing the agenda for mental health as opposed to psychiatry and bringing the public health perspective and multi-disciplinary perspective to the fore and translating policy into practice. The repositioning of the overall agenda in the right direction was a major achievement.

Thailand

The Thai response to the tsunami is the model of an ideal response to a massive

Mental Health and Psychosocial Relief Efforts after the Tsunami in South – East Asia

WHO Publication Page 109

Remember you are a 'guest' in the country and there to help local people to help themselves, not to create dependency.



Treat all with dignity, especially dead, who may have died without it. Aim to foster cooperation and the restoration of motivation self belief, and self sufficiency.

Humanitarian disasters are confusing and team work is vital; leadership means leading by example, and praise and interest are key.

Some colleagues may have personalities that make them difficult to get on with

It is natural to feel 'down' at times, and support may be drawn from religious faith, belief in mission, communication with family and friends, home comforts, and letters.

Prof Ian Palmer BMJ 2005 16th July